

We wish you Sheffa!

Sheffa is an ancient word for *abundance*. It's also the sublime energy that moves through all creation, Earth-supporting and nourishing, giving in a boundless flow to all beings. *Sheffa* is what food should be—a wealth of enjoyment and sustenance.

Our mission is to bring you foods with an abundance of delicious, authentic flavor as well as vital energy. We start with the finest ingredients available—whole, unprocessed, natural foods—then skillfully blend them to create an exceptional balance of flavors, textures, and essential nutrients. We want you to love the food that loves you back.

NATURAL WHOLE FOOD INGREDIENTS

VEGAN • WHEAT FREE • GLUTEN FREE • KOSHER • NO GMO • NO TRANS FAT • NO CHOLESTROL

MEDITERRANEAN SALAD SPRINKLES

Lightly seasoned roasted almonds and cashews with toasted soybeans, chickpeas and seeds, deliciously rich in protein and nutrients

A versatile source of complete protein for green salads, vegetables and pastas

Ingredients: Sunflower seeds, soybeans, chickpeas, pumpkin seeds, cashews, almonds, sesame seeds, spices and sea salt.

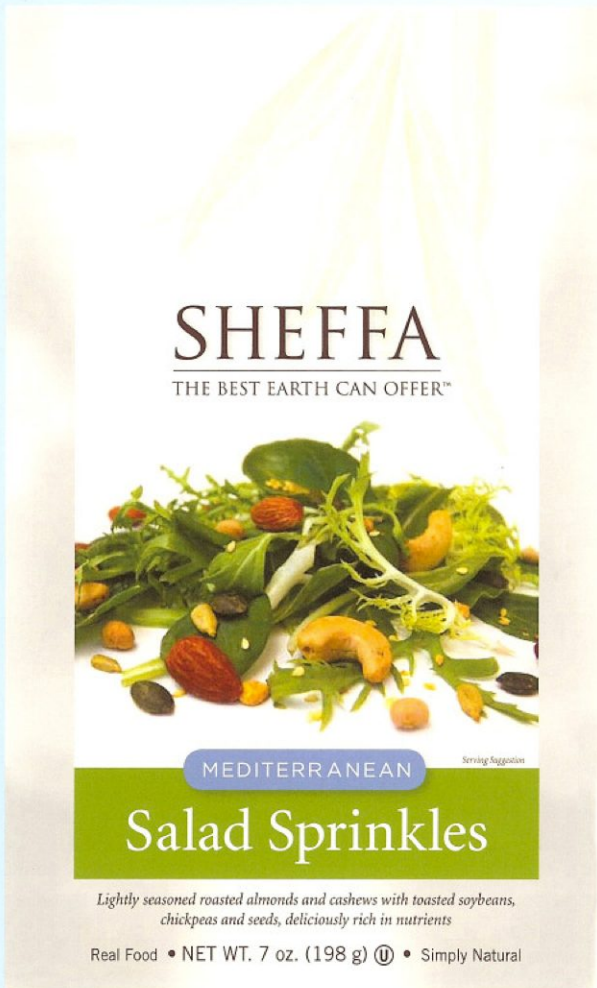
Nutrition Facts	
Serving Size 1oz. (28g)	
Servings Per Container 7	
Amount Per Serving	
Calories 145	Calories From Fat 90
% Daily Value*	
Total Fat 10g	15%
Saturated Fat 1.3g	7%
Trans Fat 0g	
Unsaturated Fat 8.7g	
Cholesterol 0mg	0%
Sodium 60mg	3%
Total Carbohydrate 8g	3%
Dietary Fiber 3g	12%
Sugars 0g	
Protein 7g	
Vitamin A 0%	Vitamin C 0%
Calcium 4%	Iron 15%
*Percent Daily Values based on a 2,000 calorie diet.	



2008 Outstanding
New Product

7 OZ / 12 UNITS PER CASE
SKU: 856647001791

1 OZ / 80 UNITS PER CASE
SKU: 856647001999



Other Sheffa Products: • Sweet Snack Mix • Tasty Snack Mix • Zesty Snack Mix • Spicy Snack Mix